



# CAPE TOWN AND THE WESTERN CAPE HAS **36 BLUE FLAG BEACHES** FOR YOUR CHILDREN TO ENJOY

ALWAYS KEEP WATCH WHEN THEY'RE NEAR WATER.

**#SAFETRAVELS**

[www.safetravels.capetown](http://www.safetravels.capetown)



THE WESTERN CAPE

It's **more** than  
you think.



Western Cape  
Government

## Safety tips

- Don't allow anyone to distract you or assist you when using an ATM machine.
- An ATM machine DOES NOT issue permits or tickets for anything. You do not need a permit to walk in the streets.
- Store emergency numbers on your phone and make sure its fully charged before you leave your place of accommodation.
- Be careful of cellphone snatchers and pick pockets when walking on the streets.
- Don't leave valuables such as laptops, bags or jackets in the car. Always lock your belongings in the boot and out of sight.
- Be careful of car-jamming. Always check that the car doors are locked.
- When visiting a restaurant don't leave cellphones and wallets on tables or on the floor, especially while sitting outside. Leave bags where you can see them.
- Avoid carrying all your valuables (including your passport) and large sums of cash in your purse.
- Don't allow your bank card to be removed from your sight when paying.
- Never hike alone. No matter which route you take. Always carry sufficient water and protect yourself from the sun. Stick to demarcated paths.
- Never swim alone and always swim in areas that are supervised by a lifeguard.
- Treat beggars with respect but firmly say "No, please leave me alone" if they become aggressive. Support a charity or shelter rather than give money to homeless people. Contact police or a public safety ambassador if you feel threatened.
- Do not feed wildlife and always maintain a safe distance from baboons - they can be dangerous.
- Don't fight a rip current. Float sideways and wave for help.

## Emergency Numbers Cape Town

Any emergency from a mobile	112
Any emergency from a landline (COCT)	107
Ambulance	10177
Wilderness Search and Rescue	021 937 0300
COCT Medical & Fire Emergencies	021 480 7700
SANParks (Table Mountain)	086 110 6417
South African Police Service	10111
NSRI Sea Rescue	087 094 9774
Central Cape Town Improvement District (24-hour)	082 415 7127
Rape Crisis Line	021 447 9762
Disaster Risk Management Centre	080 911 HELP (4357)
Sea & Mountain Rescue	021 948 9900
Cape Town Tourism Band Aid	021 487 6552
Shark Spotters	<a href="http://www.sharkspotters.org.za">www.sharkspotters.org.za</a>

**Consider downloading the Namola or Secura mobile apps.**

**The Western Cape Government's Tourism Safety Support unit assists international tourists in distress by:**

- Providing emotional support & hospital visits
- Contacting family & friends
- Making logistical arrangements
- Facilitating emotional trauma counselling
- Facilitating with embassies and consulates for passports

**Tourism Safety and Support**  
**[tourismsafety@westerncape.gov.za](mailto:tourismsafety@westerncape.gov.za)**  
**082 554 2010**